

PHYSIO EXERCISE CLASS TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7am	Ky – 7am		Jacqui – 7am		Evie – 7am	
8am	Ky – 8am	John – 8am	Jacqui – 8am	Georgie – 8am	Evie – 8am	*Jacqui/Ellie – 8am
9am	John – 9am	John – 9am	Georgie – 9am	Georgie – 9am	Evie – 9am	*Jacqui/ Ellie – 9am
10am	John – 10am	Ellie – 10am	Jacqui – 10am	Georgie – 10am	Evie – 10am	*Jacqui/ Ellie – 10am
11am	John – 11am	Ellie – 11am	Anthony – 11am	Georgie – 11am	Georgie – 11am	*Georgie/ Jacqui – 11am
12pm	Unsupervised	Unsupervised	Unsupervised	Unsupervised	Jacqui – 12pm	* Alternate Weekends
1pm	12 – 2pm	12 – 2pm	12 – 2pm	12 – 2pm	Unsupervised	
2pm	Evie – 2pm	Anthony – 2pm		Anthony – 2pm	1 – 3pm	
3pm	Evie – 3pm	Anthony – 3pm		Ky – 3pm	John – 3pm	
4pm	Evie – 4pm	Anthony – 4pm	Ali – 4pm	Ky – 4pm	Ky – 4pm	
5pm	Evie – 5pm	Jacqui – 5pm	Ky – 5pm	Jacqui – 5pm	Ky – 5pm	
6pm	Evie – 6pm	Jacqui – 6pm	Ky – 6pm	Jacqui – 6pm		
7pm	Evie – 7pm	Jacqui – 7pm	Ellie – 7pm	Ky – 7pm		

