

PHYSIO EXERCISE CLASS TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7am	Jacqui – 8am		Jacqui – 7am		Georgina – 7am	
8am	Jacqui – 8am	John – 8am	Jacqui – 8am	Georgina – 8am	Georgina – 8am	*Jacqui/Pheobe – 8am
9am	John – 9am	John – 9am	Georgie – 9am	Georgina – 9am	Georgina – 9am	*Jacqui/ Pheobe – 9am
10am	John – 10am	Georgie – 10am	Jacqui – 10am		Georgina – 10am	*Jacqui/ Pheobe – 10am
11am	John – 11am	Georgie – 11am			Georgie – 11am	*Jacqui/ Georgie – 11am
12pm						* Alternate Weekends
1pm						
2pm	Georgina – 2pm					
3pm	Georgina – 3pm				Pheobe – 3pm	
4pm			Pheobe – 4pm		Pheobe – 4pm	
5pm	Georgina – 5pm	Tash/Pheobe – 5pm		Jacqui – 5pm		
6pm	Georgina – 6pm		Pheobe – 6pm	Jacqui – 6pm		
7pm	Georgina – 7pm	Tash/Pheobe – 7pm	Pheobe – 7pm	Jacqui – 7pm		

