

Sports Medicine @Physiosports

Patient Information Form for New Patients/New Problems

The information you provide is confidential. In preparation for your **Sports Medicine Initial Appointment**, please complete the following information and submit to sportsmedicine@physiosports.com.au at least two business days before your appointment. Please include any additional documents such as reports, doctor's letters, photos etc. Once received it will be forwarded to your Doctor for review in preparation for your Sports Medicine consultation.

About You

Name & DOB	
Email Address	
Contact Number	
Referred By (Doctor, Physio, Coach etc)	
Your Goals in attending	

Your Background

What is your main problem/s?

If you are experiencing any issues / discomfort, when did this start? And do you know why?

If experiencing an issue/s, is this getting better, getting worse or staying the same? Please indicate if this is an urgent issue.	
<input type="checkbox"/> Urgent	

Have you seen anyone else for this problem? If so, who?

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Have had any scans or tests?

If yes, provide details e.g. body part, date, location and patient ID.

- Yes
 No

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Who is your General Practitioner (regular Doctor)?

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Your Sport, Work & Activity Levels

What is your current activity level?

Walk, run, ride, gym, rehab, other sport, work.

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If experiencing issues, has this impacted your level of activity?

If yes, please provide details of your activity level before the problem started?

- Yes, significantly
 Yes, a little
 N/A

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Before your Sports Medicine Consultation

Following is a **checklist** of what to do, and what to bring / prepare, for your appointment.

If you have any questions or concerns, please get in touch sportsmedicine@physiosports.com.au or call the clinic 95969110.

Bring	Any hard copies of scans, and reports that you haven't forwarded electronically. Copies of any exercise routines you currently undertake as able
Wear	Appropriate clothing for examination of body & movement. Your shoes, orthotics as appropriate to your injury.