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	(1: SUM CISE PR		YSIO		PHYSO	sports
WEEK 1	MON 23 ^{rb}	TUES 24 TH	WED 25 TH	THURS 26 TH	FRI 27 [%]	SAT 28 th
7am	INSIRCRASCO	CHRISTINAS EVE	CHRESTMAS DAY	BOKING DAY	459.	
8am 9am	UNSUPERVISED CLASS UNSUPERVISED	AAM-NICOLA			GEORGINA GEORGINA GEORGINA	UNSUPERVISED CLASS BAIN - PHOEDE
10em	10AM - JOIN				GEORGINA UNSUPERVISED CLASS	10AM - GEORGINA
11am	11AM - JOIN	HAM-DRAN			11AM-WILL	UNSUPERVISED CLASS
12pm	INCIDERASED	INCIDENTS			INCIDENTS	
1pm 2pm		UNSUPERVISED CLASS JPM - GEORGINA			UNSUPERVISED CLASS	
3pm		JPM - GEORGINA				
4pm	UNSUPERVISED CLASS	UNSUPERVISED CLASS				
5pm 6pm	SPIN - NICOLA	SPHI CLOSE				
7pm	TPN - NICOLA					
PROGRAM S	BUECT TO CHANGE					
	(2: SUM CISE PR		YSIO		PHYS	sports
WEEK 2	MON 30 TH	TUES 31 st	WED 1 ^{er}	THURS 2 ND	FRI 3 ⁴⁰	SAT 4 TH
7am		NY DAY EVE	NY DAY			-
8am 9am		MAM - NICOLA			BAN-WILL	
10em		CLASS 18AM - MICOLA			UNSUPERVISED CLASS	
11am	UNSUPERVISED				11AM - NICOLA	UNSUPERVISED CLASS
12pm				INCIDENCED		
1pm 2pm	CLASS	UNSUPERVISED CLASS 2PH - WILL		UNSUPERVISED CLASS		
3pm						
4pm	4PN - NICOLA	UNSUPERVISED CLASS		4PM - GEORGIA		
5pm 6pm	UNSUPERVISED	SPIN CLOSE		SPMICLOSE		
opm 7pm						
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EXER	(3: SUM CISE PR	DGRAM			PHYS	
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EXER	CISE PR	DGRAM	WED 2 TH	THURS OF	Fill SS ^T	
EXER			WED I TH	THURS OF THUR OV CARDIT AVM RECLA DAM RECLA	Fill S2"* XNR VR1	SAT 11"" DRUPPRIORC CI ADA
EXER 1993 A 1997 1997 1997			WED I TH	Second d ^{are} CROUT SAM RECOILS CAMA TOM RECP	Fill SI ²⁴ XNR WEI NRR WEI LINGSPREICHT	SAT SI ^{MA} DATA PAGENCI SAN PAGENCE ISAN UNIT
80000.0 700 500 600			WED I TH	Second d ^{are} CROUT SAM RECOILS CAMA TOM RECP	Fill S2"* XNR VR1	SAT SI ^{MA} DATA PAGENCI SAN PAGENCE ISAN UNIT
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EXER NEES 3 Two Saw Daw 12am 12am 12am 12am 12am	CISE PRO		UND 3 TH SAM DET LINE DET DIN ROOM	THURS S ^P THURS S ^P CHOINT ANN HECK HAN HER ANN HER CHOINT	FAULTY" XIM WEI SIM WEI LINGUMMOUMOS CI AMR TUAM MICCLA	SAT SI ^{MA} DATA PAGENCI SAN PAGENCE ISAN UNIT
EXER NIEC 3 Taxi Saxi Daxi 23an 23an 23an 23an 34an	CISE PRO		UND 3 TH SAM DET LINE DET DIN ROOM	THURS S ^P THURS S ^P CHOINT ANN HECK HAN HER ANN HER CHOINT	FAULTY" XIM WEI SIM WEI LINGUMMOUMOS CI AMR TUAM MICCLA	SAT SI ^{MA} DATA PAGENCI SAN PAGENCE ISAN UNIT
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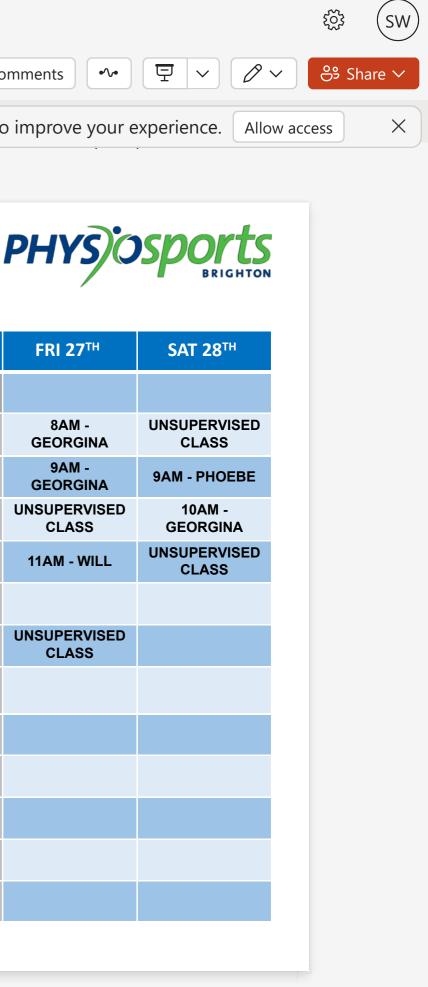
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WEEK 1: SUMMER PHYSIO EXERCISE PROGRAM

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WEEK 1	MON 23 RD	TUES 24 [™]	WED 25 [™]	THURS 26 TH				
7am		CHRISTMAS EVE	CHRISTMAS DAY	BOXING DAY				
8am	UNSUPERVISED CLASS	8AM - NICOLA						
9am	UNSUPERVISED CLASS	9AM - NICOLA						
10am	10AM - JOHN	10AM - ERAN			UN			
11am	11AM - JOHN	11AM - ERAN			1			
12pm								
1pm	UNSUPERVISED CLASS	UNSUPERVISED CLASS			UN			
2pm	2PM - NICOLA	2PM - GEORGINA						
3pm		3PM - GEORGINA						
4pm	UNSUPERVISED CLASS	UNSUPERVISED CLASS						
5pm	5PM - NICOLA	5PM CLOSE						
6pm	6PM - NICOLA							
7pm	7PM - NICOLA							
PROGRAM SUBJECT TO CHANGE								

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